

THE ARC OF NORTHERN VIRGINIA'S PERSONAL SUPPORT TRUSTS

Examples of Allowable Supplementary Needs

Community Supports such as:

- ❖ Advocacy, oversight, or monitoring
- ❖ Respite
- ❖ Some crisis intervention, guardianship
- ❖ Some vocational rehabilitation or habilitation
- ❖ Housekeeping services, lawn care

Recreation and leisure such as:

- ❖ Participation in sports, hobbies, recreational or cultural events, and clubs
- ❖ Vacations and travel (i.e.visiting friends, and for companionship)

Supplementary food and shelter (occasional and periodic, beyond what is "necessary"), such as

- ❖ Dining out
- ❖ Home improvements and repairs
- ❖ Furniture and appliances
- ❖ Cost difference between a shared and a private room

Clothing

Transportation such as:

- ❖ Purchase of a car
- ❖ Car repair, maintenance, and insurance
- ❖ Accessibility-related equipment and modifications
- ❖ Bus, rail, and cab fare

Medical items such as certain therapies, medicines, and assistive technology/devises (not covered by Medicaid)

- ❖ Insurance such as term life or supplemental health
- ❖ Education and Training such as:

Conferences and seminars

- ❖ Publication subscriptions
- ❖ Class tuition, books, and supplies
- ❖ Software
- ❖ Other expenses to provide dignity, purpose, enjoyment for beneficiary

Note: Some Disbursement requests may require additional documentation; such as receipts. Certain expenses may require prior submission to and denial by a government agency to be considered a legitimate supplementary expense, including;

- ❖ Requests for cash or
- ❖ Requests for disbursements made payable to the beneficiary
- ❖ Disbursement requests for more than \$1000.
- ❖ If you are not receiving Means tested benefits, then there are no restrictions on disbursements